

Abba's Ways – Developing Our Emotions – Part 3

Rom. 8:28-29; 1 Cor. 13:11.

- Someone once said: *"At the center of almost every acute problem, whether personal, social, economic, political or international is...basic emotional immaturity."*
- Allowing fleshly-controlled emotions to rule our lives *causes our minds to be deceived and our wills to be numbed.*
 - When our flesh-controlled emotions rule over us, we really don't want a solution; *we want pity and sympathy.*

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Rom. 8:28-29; 1 Cor. 13:11.

- We would *rather have our small circle of friends feel sorry for us than allow the truth about God, about us and about others to set us free.*
- Out-of-control emotions color every dimension of our being and allow self-pity to make everything center on ourselves.*

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James 3:11: *"Does a spring send forth fresh water and bitter from the same opening?"*

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graph LR
    EG[Love of God, Inward Cross] --> Emotions((Emotions))
    SLL[Self-pity/self-love] --> Emotions
    FW[Flesh/World] --> Mind((Mind))
    SW[Spirit/Word] --> Mind
    Emotions --> Will[Will]
    Mind --> Will
    Will --> RE[Reaping, Effect]
  
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James 3:11: *"Does a spring send forth fresh water and bitter from the same opening?"*

- The *mind knows and calculates.*
- The *emotions feel and love.*
- The *will chooses and governs.*
 - The will is the "blender" where input from the mind and emotions determines what will flow out of us – the will of God or the will of the enemy (self).*
 - One strengthens the enemy, the other brings the transforming power of God's love and kingdom.*

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Gal. 5:16-25.

- The *fruit is either the expression of Jesus or the earthly, fallen life.*
- Both grow from the choice of the will that is acting on input from whichever stream(s) it's assimilating.*
 - More often than not, the emotional will trump reasoning, until the reasoning becomes reprobate (dominated by demons and demonic strongholds).*
 - Feelings and affections hold more power over humans than anything else.*

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Gal. 5:16-25.

- Peace is the most obvious fruit of someone whose emotions are whole and in whom the Spirit is governing.*
 - Peace is a fruit and can only be grown and cultivated through the training and discipline of the Holy Spirit and the inward working of the cross.*
 - A calm person is a stronghold of the Spirit of God through whom the Lord can crush the enemy and his works (Rom 16:20).*

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Gal. 5:16-25.

- *Fleshly outbursts result when the dam (the will) can no longer take the built-up pressure.*
- *The world medicates, entertains, or any other myriad of other counterfeits to pacify.*
 - *All of the world's answers lead to a numbing of the mind, will and spirit.*
- *Only the cross deals with the corruption of the fallen nature.*
- *We remain enslaved unless we embrace the cross.*

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Matt. 14:14: *"And when Jesus went out He saw a great multitude; and He was moved with compassion for them, and healed their sick."*

- *This is what emotions under divine control look like and the effect that comes.*
- *The MIND SAW the need and UNDERSTOOD what was happening; His FEELINGS were free to FEEL Abba's compassion.*
 - *The mind and love of the Spirit flowed releasing power and life.*

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Matt. 14:14: *"And when Jesus went out He saw a great multitude; and He was moved with compassion for them, and healed their sick."*

- *"A state of emotion always comes between the knowledge and the act." (A.W. Tozer)*
- *It is a mental picture (Gal. 3:1-3) in the mind that touches the heart even before salvation can take place.*

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Abba's Training Regimen for the Emotions:

- **Ps. 62:8** – *Pour out the emotions before Him.*
- *Consistently walk in the choice to forgive* (the cross).
- *Pray for those who have wounded us.*
- *Confess our faults to a trusted friend for healing.*
- *Talk directly to the spirits* (voices) *inflaming our emotions.*
- *Practice thankfulness for God's emotions becoming mine.*
